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 **The SUNDAY TIMES bestselling memoir from the Tour de France cyclist who lifts the lid on his drug use and return to sport.**

By his eighteenth birthday David Millar was living and racing in France, sleeping in rented rooms, tipped to be the next English-speaking Tour winner. A year later he'd realised the dream and signed a professional contract. He perhaps lived the high life a little too enthusiastically - he broke his heel in a fall from a roof after too much drink, and before long the pressure to succeed had tipped over into doping. Here, in a full and frank autobiography, David Millar recounts the story from the inside: he doped because 'cycling's drug culture was like white noise', and because of peer pressure. 'I doped for money and glory in order to guarantee the continuation of my status.' Five years on from his arrest, Millar is clean and reflective, and holds nothing back in this account of his dark years.

Titel	:	Racing Through the Dark
Forfatter	:	David Millar
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